

ADVANCED BUILDING CONCEPTS

A tradition of quality and craftsmanship

1077 Aquidneck Avenue
Suite A
Middletown, RI 02842
Phone: 401-849-6658
Fax: 401-849-8910
Estimating Fax: 401-324-4098

Employee Feed Back
thecrew@advancedbuildingconcepts.com

We're on the web !!

www.AdvancedBuildingConcepts.com

ABC MISSION STATEMENT

Relationships Built On Ethics, Integrity And Trust

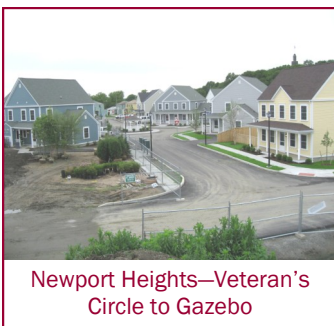
Advanced Building Concepts is a full service family of quality-committed employees, contractors and suppliers dedicated to providing the finest construction services to a select group of residential, industrial and commercial clients in our service area. We are committed to providing and maintaining our personalized style of hands-on management on every construction project to produce satisfaction and profit for all. As a result of our determination to pursue continuing education, we create a safe working environment for our loyal family of employees to benefit from. We prove our excellence one repeat customer at a time and our reputation is maintained one project at a time.

John Brooks, President

WORK IN PROGRESS BY JOHN BROOKS

NEWPORT HEIGHTS

The first four buildings in the rental section of the project are completed and being occupied the first of June, three more buildings will be ready by mid July. The drywall is complete in all buildings, landscaping, exterior painting, and interior finishes are continuing. Every month from this point forward a block of buildings will be turned over until the last of them in August. The first eleven buildings in the rental section of the project are completed and will be occupied by mid-July. The remaining five buildings will be ready to occupy the end of August.



Newport Heights—Veteran's Circle to Gazebo

HAMDEN HALL

We were able to bring several ABC employees back to work to help with this project. This was a very interesting project with lots of carpentry work for all skill levels. Thank you to all who forfeited their evenings by living out of town to work on this project. The project finished up the beginning of June, the client is very happy, and the crew will be coming back to Newport County to work.



Hamden Hall

EAST GREENWICH OFFICE

The insurance offices on the second floor are ready for occupancy, the fire inspections have been completed and we are waiting for the certificate of occupancy. We have been awarded the fit-out of the first floor for the lawyers' offices. Design documents are being finalized so that this work can start immediately. The hazmat abatement will be done first, followed by selective demolition.



East Greenwich Office

RICTA

Fire alarm work is complete and has been inspected, and the drywall is now finished up. In mid-June, doors, acoustical ceilings, and other finishes were installed. We are planning for a mid-August completion.

CHARTIER CIRCLE

The electrical and rough plumbing have been completed and the drywall is now complete. The casework is well under way and should be ready to occupy by mid-July.

BRICK MARKET

The parking lot renovation is complete and it looks great - what an improvement. ABC has some additional work to complete on the three main buildings which is underway, and should be wrapped up in a few weeks.



Chartier Circle

FUTURE PROJECTS BY JAY EDWARDS

More work to bid on and a better look for the upcoming quarter is where the construction industry in Rhode Island is at the moment. We continue to bid mostly private work that is coming out from a variety of sources. The public work that we are seeing is on projects using the select bid list route, to narrow the field of bidders to only those pre-qualified. So, rather than having 15 to 20 General Contractors to bid on a project, they end up with 5-7 pre-qualified General Contractors. We will continue to put together proposals to get on these select lists.

The architects are continuing to get busier, even if only slightly, which is a good sign for contractors on the whole. As they get the work designed and out to bid, more work becomes available for ABC to bid on, and hopefully win. We are also seeing more work in our general area coming out, so we might not have to travel as far to get to our next project.

More projects that were on hold a few months ago are starting to come back out, as money gets freed up and lenders loosen their belts. It looks like the fall will be busier with a lot of projects coming out for bid in July and August.

THIS MONTH IN SAFETY

BY ANDREW BROOKS

ELECTRICITY

This month in safety we are going to discuss the “do’s and don’ts” of electricity on the construction site. Electricity has become essential to modern life. Perhaps, because it is such a familiar part of our surroundings, and is often not treated with the respect it deserves. OSHA requires that employees not work near any part of an electrical power circuit, unless protected. Due to the dynamic, rugged nature of construction work, normal use of electrical equipment at the jobsite causes wear and tear that results in insulation breaks, short-circuits, and exposed wires. If there is no ground-fault protection, any of these instances can cause a ground-fault, that sends current through the worker's body, resulting in electrical burns, explosions, fire, and possibly death. The way to prevent a ground fault is to use ground-fault circuit interrupters on all 120-volt, single-phase, 15 and 20-ampere receptacles, and also visually inspect all electrical equipment before use. Remove from service any equipment with frayed cords, missing ground prongs or cracked tool casings. Everyone has been doing a very good job at all the jobsites with meeting all of the safety requirements. Keep up the good work and if there are any questions on safety please feel free to ask.



SHOWN LEFT: At St. Gregory the Great Church at the Portsmouth Abbey, the sculpture “The Trinity”, by Richard Lippold, is complete—the sculpture was restored and reinstalled by Newman Ltd. of Newport, RI.

ABC HAPPENINGS BY PAMELA DOUGLAS

ABC HAPPENINGS

The calendar says “June 21st – Summer Begins” – well ...that’s what the calendar says, but so far it certainly doesn’t seem like it.

I know everyone has been busy with kids finally out of school, graduations, First Communions, family weddings coming up, etc. It is definitely a busy time of the year, and I know that in most of the newsletters I tell you about things going on around ABC or engagements, new grandparents, and grandchildren, etc., but I wanted to share some news of my own with you. As many of you may be aware, when I am not working at ABC, I am either camping or involved with something for the Elks or for church. I have spent the last five plus years, traveling around Rhode Island as the organist to the District Deputy Rhode Island East (and West for the last two years). A month ago at the Rhode Island State Elks Convention in Eastham, MA, I was selected as the Rhode Island State Elk of the Year, the highest honor that can be awarded in the Elks in the state. I have been a member of the Elks for nine years, but have been involved with them for eight or nine years before that, playing the organ at their Flag Day and their Memorial Services, but it is very humbling to think that I know there are other Elks that are more worthy of the title, but they chose me, and I am honored, and proud to be a member of such a great organization.

On a sad note, Ray’s last day was June 19th. Ray had been with ABC for five years and has gone on to pursue a more challenging field – renewable energy. Ray accepted a job as the Controller for Alteris Renewables Inc. Ray is still doing some “consulting” with ABC until a replacement is found. Congratulations, Ray, and good luck.

Belated birthday greetings for June go out to Stan Shoppell, Pat Ezell, Bryan Mosher, Lisa Tremblay, Andrew Brooks and “The Boss”. Birthdays for July – Derrik Roy, Rob Wegener and Bill DiBello - Happy Birthday to all!

AND – BREAKING NEWS!!! We have just been notified by Associated Builders and Contractors that we will receive a GOLD Step Award for safety this year. This Step Award will be presented in October, and now this makes us eligible to apply for the Excellence In Construction Award as well as applying for qualification to be an Accredited Quality Contractor.

... TO YOUR BENEFIT

BY RAY DAUPLAISE

UNITED HEALTHCARE—UHC MONTHLY E-MAIL NEWSLETTER

United Health Care (UHC) offers a monthly e-mail newsletter, **Healthy Mind. Healthy Body**, to help you improve your health. Besides stories from members who have improved their health through lifestyle changes and care provided by network physicians, each issue includes articles about “Tools & Tips to Manage Your Health” and “Making the Best Use of Your Benefit Plan”. You can customize your newsletter by selecting from additional topics like “Heart Health”, “Diabetes”, “Asthma”, “Women’s Health”, “Men’s Health”, “Cancer” and more, that are relevant to your daily life.

To register, visit www.uhc.com/myhealthnews.com. Enter our group number, 698170, indicate whether you want monthly e-mail, semi-annual printed material or both, and select up to five topics that interest you. You can also sign up by contacting customer service by calling the phone number on your ID card. Anyone signing up for the newsletter by July 31 becomes eligible to win one of three Nintendo Wii® game systems and Wii Fit® games.

Did you know that UHC offers prescriptions by mail? If you take any maintenance drugs, you may be able to get a ninety-day supply by mail for one co-pay equal to 2.5 times the normal co-pay. If you are paying \$50 per month for a prescription, this could save you \$100 per year. UHC also may be able to save you money on selected prescriptions by supplying half the normal number of pills but at twice the normal strength. For example, if you are taking 20mg tablets of Lipitor, your doctor could prescribe fifteen 40mg tablets per month and you cut them in half with the pill cutter UHC will provide free of charge. The best part – the \$50 co-pay is also cut in half. You save \$300 per year! See MyUHC.com to see if your prescriptions are available for either of these savings opportunities.

PUBLISHER’S NOTE: This was Ray’s final article. As most of you know, Ray’s last day was June 19th, although he is still doing some “consulting” until his replacement is found. We wish him well in his new endeavor. GO GREEN!



SHOWN ABOVE: Pam Douglas receiving the RI State Elk of the Year Award from Douglas Gilleo, Past State President of the RI State Elks Association. Looking on is Michael J. Kane, Sr., RI State Elks President.