

ADVANCED BUILDING CONCEPTS

A tradition of quality and craftsmanship

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We're on the web !!

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ABC MISSION STATEMENT

Relationships Built On Ethics, Integrity And Trust

Advanced Building Concepts is a full service family of quality-committed employees, contractors and suppliers dedicated to providing the finest construction services to a select group of residential, industrial and commercial clients in our service area. We are committed to providing and maintaining our personalized style of hands-on management on every construction project to produce satisfaction and profit for all. As a result of our determination to pursue continuing education, we create a safe working environment for our loyal family of employees to benefit from. We prove our excellence one repeat customer at a time and our reputation is maintained one project at a time.

John Brooks, President

WORK IN PROGRESS BY JOHN BROOKS

PORTSMOUTH ABBEY CHURCH

ABC finished up all the work necessary for Easter Mass to take place in the newly renovated church. We are now demobilized and done with the project, except for a few items this coming summer. The roofers are finishing up the copper work and Howard is working diligently, completing and adjusting the sculpture between masses.

NEWPORT HEIGHTS

The finishing touches for the ownership units are being supervised by Joe Duffy, and all units are complete and now ready to occupy. The landscape, fencing, and finish paving will also be completed this month. The rental units are down to the finishes, only one building remaining to drywall, all the buildings west of Parkside circle should be complete by the end of May.

HAMDEN HALL

It may be a distance from Middletown but it is a very interesting project. Stan and Andy began to mobilize and installed the door and window blocking this month, the glue-lam beams will be arriving at the beginning of May and we will be ready to install them. We plan to have 8 - 10 carpenters on the job by mid May.

EAST GREENWICH OFFICE

The drywall is wrapping up, ABC is nearly complete with the exterior trim and siding, and we will begin installing doors, frames, and casework in the next couple weeks. Joe Paint is gearing up to do something he hasn't done for a while—Paint! Let's see how he does.

RICTA

The partitions are framed and the rough-in is nearly complete. We have had some delays with the fire alarm, but all should be worked out shortly. As you may know, a good part of the project is provided by volunteers. This makes it difficult to push the schedule. Fortunately we have some time to spare, and Bill is trying to keep an eye on this project as well as others.

CHARTIER CIRCLE

The flood has receded, time to rebuild. Most of the demolition is complete, we are awaiting design changes to be developed and approved. Rough electrical should start last week of April, our goal is to have ready for occupancy before the end of June.



PICTURED ABOVE: LEFT—Work has begun on the Hamden Hall Country Day School , Beckerman Athletic Center Pool Project. RIGHT—The future home of Dacey Insurance Agency - East Greenwich Office Project, East Greenwich, RI

FUTURE PROJECTS BY JAY EDWARDS

Despite the current economic forecast being fostered by the mainstream media, the outlook for the coming quarter is better than we would have thought a few months ago. Work continues to be slow getting out to bid, but there is work to bid on as we have seen this past month. The jobs that were on "hold" at the first of the year

are starting to make it to contractors for bidding even if the scopes have been reduced.

While not our strength, ABC has been bidding on and getting on select bid lists for public work. We are also starting to see some increase in the private sector, especially in healthcare.

The architects and engineers

are starting to work on projects which should be bid on within the next couple of months. Work will continue to be tight and very competitive, but there is work to bid on and pursue which is encouraging. As we have all seen in past downturns, sometimes there isn't even work to be bid. Fortunately, that is not the current case.

THIS MONTH IN SAFETY BY ANDREW BROOKS

HEAT EXHAUSTION AND HEAT STROKE

With the warmer weather fast approaching, special care and attention should be made when working outside. Heat exhaustion followed by heat stroke is one major work hazard that can potentially harm construction workers. It is necessary to know what symptoms to look for in order to maintain safety on the outside jobsite. These signs include heavy sweating, paleness, muscle cramps, tiredness/weakness, dizziness, nausea, headaches and fainting. Those with high blood pressure or heart problems need to be extremely careful. Though some of these symptoms seem like everyday occurrences, it will be important to not overlook them. In the event of an emergency like this, call 911 to avoid progression to heat stroke. Preventative measures such as wearing light clothing and keeping hydrated should be taken. In the case of heat exhaustion, prevention and awareness of symptoms will keep us safe in the summer.

... TO YOUR BENEFIT BY RAY DAUPLAISE

UNITED HEALTHCARE—"MY UHC"

We have completed our first year of coverage with United Healthcare (UHC) and we renewed for the coming year with the same benefit package. One of the benefits of UHC is the ability to access a wealth of information on a customized website at www.myuhc.com. The site offers all the information you would expect: the ability to look up the specific benefits of our plan as well as the status of all your claims, both paid and in process. You may also find information about physicians and pharmacies, including office hours, background of physicians, whether a provider is accepting new patients, etc. There is a lot of information about prescription medications such as which drugs are available for the treatment of various ailments. You can even compare the cost of what you pay for your current prescriptions against what you might pay for alternatives. I was able to effectively change two of my prescriptions to generics and saved \$20-40 per month for each one. Another way to save is with their mail-order prescriptions – you can get a three-month supply for two and one-half copays, saving two co-pays in a year. You can sign up for this service on the site. You can sign up for e-statements and eliminate most of the mail you get from UHC. You can also find all kinds of healthcare information and actually chat live with a nurse. If you lose your UHC card, you can even print a temporary card and order a new one. It's easy to sign up for the service, so what are you waiting for?

ABC HAPPENINGS BY PAMELA DOUGLAS

ABC HAPPENINGS

On Saturday, April 4, 2009, six employees of Advanced Building Concepts, in conjunction with the Newport County Board of Realtors and Rebuilding Together Greater Newport re-roofed a home on Allston Avenue in Middletown. Those ABC employees participating were Bryan Mosher, Kevin Chamberlin, David Kirchner, Andrew Brooks, Derrik Roy and John Brooks.

Rebuilding Together is the nation's leading nonprofit working to preserve affordable homeownership and revitalize communities. The United States has a network of more than 200 affiliates that provide free rehabilitation and critical repairs to the homes of low-income Americans.



Rebuilding Together believes in a safe and healthy home for every person. This means that they believe disabled and aging homeowners should be able to remain in their homes for as long as possible, and that homeowners displaced by natural disaster will get back into safe housing with help from the community.

They believe that our nation's veterans with disabilities deserve safe and accessible homes. Rebuilding Together believes they can preserve affordable homeownership and revitalize communities by providing free home modifications and repairs, making homes safer, more accessible and more energy efficient.

As the economic pressure on low-income families grows, more and more families are placed in position of choosing between vital necessities and essential home repairs and modifications

Birthdays this month—Steve Shoppell—Happy Birthday, Steve!



SHOWN ABOVE: Pictures of ABC employees replacing the roof on the Allston Avenue home in conjunction with the Newport County Board of Relators and Rebuilding Together.

FINISHING TOUCHES: Putting the finishing touches on the ownership units at Newport Heights. Units are complete and ready to occupy. The landscaping is progressing with the trees and bushes being planted and the paving near completion.

